

## DIDACTIC CONDITIONS FOR THE FORMATION AND DEVELOPMENT OF ANTI-OPPRESSION AND AGGRESSION IN STUDENT GIRLS

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### ANNOTATION

In this article given information about the importance of the formation of the worldview of students against oppression and aggression and its content, the solution of family problems of female students to create a healthy psychological environment in the family, the causes of domestic violence and its causes, the consequences of violence, the prevention of domestic violence.

**Keywords:** environment, affection, domestic violence, caring, discrimination, injustice, aggression, mistrust, suicidal behavior, self-destruction, guilt, resentment.

### INTRODUCTION

Parents and teachers need to keep in mind that school-age girls are more likely to be shy. After all, in girls, the bladder and rectum are full, which means that they need to urinate.

Failure to ejaculate in time can lead to dangerous complications such as the uterus being pushed out and slowly bent. We must not forget that such cases can lead to infertility later. That's why it's not allowed for girls to go out without permission during class. I think some of the frustrations would have been avoided. The following should be considered in the sexual education of a girl before puberty:

- From the age of one, a girl should be bathed only with the help of her mother, not in the same bath with her siblings;
- Toys that affect the pelvic organs, such as boys' favorite horses, bicycles,
- it should be borne in mind that in girls there is a possibility of increasing the sensitivity of the clitoris and cracking the hymen;
- It is better for girls to be as unaware of their parents' sex as possible, to have separate bedrooms, and to keep their underwear out of sight;
- Genitals should be kept clean; it has been found that boys wear tight, body-hugging clothing, especially pants, that also has a negative effect on girls.

With these and other recommendations, it is necessary to prepare young people for life in religious, secular, sexual and spiritual aspects.

In our country, the attention to young people, especially women, is growing from year to year. Their freedoms and rights are enshrined in law by our state.

A number of decisions and measures have been developed and approved to regulate relations in the field of protection of women from all forms of oppression and violence. Pressures vary.

**For Example:**

- Sexual harassment - sexual acts against women without their consent a form of violence that violates sexual integrity and sexual freedom, as well as the use or threat of use of force or coercion to have sex with a third party by committing immoral acts against female minors;
- Physical violence - inflicting bodily injuries of varying severity on women, endangering them, failing to help a person whose life is in danger, the life, health, and well-being of women through the commission of other offenses of a violent nature, physical violence, or threats to take other measures of such influence; a form of violence that infringes on liberty and other rights and freedoms protected by law;
- Violence - threatening the lives of women by threatening them with physical, mental, sexual or economic influence or the use of measures of such influence; an illegal act (omission) that infringes on health, sexual integrity, honor, dignity and other rights and freedoms protected by law;
- Economic violence - a form of violence against women in marriage, at work and elsewhere, in which women are provided with food, shelter and other necessary conditions for normal life and development. the right to action (inaction) leading to restriction of property rights, education and employment;
- Workplace violence - a place that is directly or indirectly controlled by the employer, which must be present or present to perform work duties or perform official duties in accordance with the contract concluded with him;
- Psychological violence - a form of violence that is expressed in insults, slander, threats, humiliation, and other acts aimed at restricting the will of women, including in the field of reproductive control, an act (omission) that causes the victim to worry about his or her own safety, inability to defend himself or herself, or to harm his or her mental health due to pressure or violence;
- Repression - an act (omission) that does not provide for administrative or criminal liability, and degrades the honor and dignity of women.

Uzbek women are worried that they will not be able to tell their daughters directly as a result, many misunderstandings arise when girls talk to other women who have less experience and draw the wrong conclusions into their minds in their future lives.

But it is not good to blame one party for this, because no matter how eagerly you take the bride, you will not be able to serve her or teach her even trivial things. Spending too little time with your spouse can lead to many misunderstandings. If you become pregnant during this time, the environment will start to affect the baby. Preparing our daughters for marriage in the family and in educational institutions, so that such accidents do not occur, there are no divorces in the family, they need to be taught to be as calm, sweet, and open-minded as possible.

It is necessary to teach that the end of many things ends well in the absence of beautiful patience and arbitrariness, and the formation of a worldview is one of the important tasks before us.

In the process of preparing girls for independent family life, it is advisable to use national and universal values and the ideas put forward in them.

National and universal values and the ideas put forward in them Uzbek traditions in the organization of family life in girls, communication between family members (respect for adults, respect for children, respect for guests) show, yard, housekeeping, non-disclosure of family secrets, resolution of family issues or problems in consultation with relatives, holding family events in public, etc.), imagination, humility, sincerity, humility and diligence, paves the way for the formation of certain knowledge and skills in focusing on nationality in the upbringing of children.

Based on examples of national cultural heritage (folklore, folk pedagogy, literature, art, science, culture, engineering and technology) girls develop notions about the organization of family life, building a strong family, creating a healthy mental environment in the family.

The materials provided by the media provide girls with the opportunity to organize an independent family life, to create factors that guarantee the peace and well-being of the family, to manage the household, to create a family budget, use it wisely and purposefully, establish certain relationships between family members, maintain personal hygiene and the health of family members, to teach the content of marital relations, to master the secrets of cooking and sewing, to raise children or help build and enrich practical skills and competencies while consolidating the knowledge gained in the field.

The personal example set by parents (or other family members, especially the older generation) will play an important role in preparing girls for independent family life.

After all, girls have personal life experience, first of all, parents, grandparents, brothers, sisters, cousins, neighbors, teachers, as well as friends. they learn through the behavior, demeanor, manners, spiritual and moral image of people who interact with each other.

In the process of communication with girls in the family environment, giving examples from the lives and activities of exemplary families or people with great life experience, spiritual and moral outlook, arouses in girls a sense of example, encourages them to learn from their role models. In this case, it is based on the desire of adolescent or adolescent girls to choose the ideal of life for themselves, which is noticeable during adolescence, employment ensures the effectiveness of activities aimed at preparing girls for independent family life in a family environment.

In conclusion, it can be said that in the process of preparing girls for independent family life in a family environment, acting on the power of speech (speech) serves to give the expected results. After all, using words (speech) to inform girls about certain issues, to form and increase their knowledge, the behavior they perform - to express an opinion about the rightness or wrongness of their actions, encourage them to develop the ability to think independently, to take a personal approach to a particular event or event.

It is also advisable to use material things and their value in preparing girls for independent family life.

For example, items and souvenirs belonging to grandparents, father or mother, as well as other members of the family should be treated by girls with respect for family traditions, the sanctity of the family, the struggle for its honor and dignity leads to a deep understanding that it is an honorable duty for every member of the family.

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